



## Retirees, How We help



### Address healthcare concerns

Your Personal Health Advocate will do the legwork to get you to the right providers and the right answers.

- Find in-network doctors, dentists and hospitals
- Arrange appointments, including second opinions with hard-to-reach specialists
- Answer questions about a health condition, research treatment options

### Handle insurance-related issues

We address your questions and help you maximize your benefits.

- Review your employer-provided retiree health benefits
- Help resolve billing and claims issues
- Provide the estimated out-of-pocket costs of common medical procedures in your area.



### Guidance with insurance coverage.

We'll walk you through your options.

- Help with insurance choices before you're eligible for Medicare
- Explain Medicare coverage and costs
- Compare various Medicare plan options
- Explain how Medicare coordinates with your employer-provided insurance

### Locate care facilities and support, if needed

We do the research to get you the right resources.

- Research local adult day care, assisted living, and long-term care facilities
- Locate in-home care and nursing support resources
- Help facilitate transportation to your medical appointments

**Remember, you and your parents and parents-in-law can all use the Health Advocate program!**

Your Personal Health Advocate can answer your questions about a new diagnosis or health issue, research treatments and more.



**866.695.8622**

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Web: [HealthAdvocate.com/members](http://HealthAdvocate.com/members)

**HealthAdvocate<sup>SM</sup>**