Tricare Supplement (Selman & Company) - Military Only*

Department.					
Plan Changes are in Orange	2024 TRICARE Select In-Network	2024 TRICARE Prime POS Network	2024 TRICARE Select Out-of-Network	2024 Out of Area	2024 Comments
General Information					
Lifetime Maximum Benefit	None	None	None	None	
Annual Maximum Benefit	None	None	None	None	
Coinsurance Percentage					
Precertification Requirements	Precertification is required by TRICARE but not by the TRICARE Supplement Plan.	Precertification is required by TRICARE but not by the TRICARE Supplement Plan.	Precertification is required by TRICARE but not by the TRICARE Supplement Plan.	N/A	
Precertification Penalty	TRICARE applies a 10% penalty for non- compliance of precertification	TRICARE applies a 10% penalty for non- compliance of precertification	TRICARE applies a 10% penalty for non- compliance of precertification	N/A	
Health Savings Account (HSA)	N/A	N/A	N/A	N/A	
Health Reimbursement Account (HRA)	N/A	N/A	N/A	N/A	
R&C	N/A	N/A	N/A	N/A	
Deductibles					
Individual Annual Deductible	\$100 from 1/1 - 12/31	\$100 from 1/1 - 12/31	\$100 from 1/1 - 12/31	N/A	The supplement plan covers 50% of the TRICARE Select deductible (\$150 per individual) currently reimbursed. The Select deductible reimbursed may be applied towards the supplement plan deductible. Residents of the state of New York will have no deductible 04(04/2024
Family Annual Deductible	\$200 from 1/1 - 12/31	\$200 from 1/1 - 12/31	\$200 from 1/1 - 12/31	N/A	The supplement plan covers 50% of the TRICARE Select deductible (\$300 per family) currently reinbursed. The Select deductible reimbursed may be applied towards the supplement plan deductible. Residents of the state of New York will have zero deductible for
Applies to Out-of-Pocket Maximum	Yes	Yes	Yes	N/A	
Prescription benefits are covered under medical deductible	N/A	N/A	N/A	N/A	
Out-of-Pocket Mx per Plan Year					
Individual Out-of-Pocket Maximum Per Year	\$3,500	\$3.000	\$3.500	N/A	
Family Out-of-Pocket Maximum Per Year	\$3,500	\$3,000	\$3,500	N/A	
Outpatient Services	+		+ + + + + + + + + + + + + + + + + + + +		
Primary Care Physician Visits	When TRICARE Select (participating providers) is used - The TRICARE Supplement Plan covers 50% of the TRICARE fiscal year deductible of \$150 individual/ \$300 family plus your copays.	When TRICARE Prime Point of Service (POS)is used - The TRICARE Supplement Plan covers 25% of the POS deductible of \$300 individual/\$600 family and the 50% POS cost share plus 100% of covered charges in excess of the TRICARE allowed amount not to exceed the TRICARE Legal Limit. When TRICARE Select (out-of- network) is used - The TRICARE Supplement Plan covers 50% of the Standard Outpatient deductible of \$150 individual/\$300 family and the 25% cost share plus 100% of covered charges in excess of the TRICARE Legal Limit.	When TRICARE Select (non-participating providers) is used - The TRICARE Supplement Plan covers 50% of the Standard Outpatient deductible of \$150 individual/\$300 family and the copay plus 100% of covered charges in excess of the TRICARE allowed amount not to exceed the TRICARE Legal Limit.	N/A	Resident of the state of New York will have zero deductible begining with plan year 01/01/2024.

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Plan Changes are in Orange	2024 TRICARE Select In-Network	2024 TRICARE Prime POS Network	2024 TRICARE Select Out-of-Network	2024 Out of Area	2024 Comments
Specialist Visit	When TRICARE Select (participating	When TRICARE Prime Point of Service	When TRICARE Select (non-participating	N/A	Benefits subject to deductibles. No
	providers) is used - The TRICARE	(POS)is used - The TRICARE Supplement	providers) is used - The TRICARE		deductible for those residents of the
	Supplement Plan covers 50% of the	Plan covers 25% of the POS deductible of	Supplement Plan covers 50% of the		state of New York beginning plan year
	TRICARE fiscal year deductible of \$150	\$300 individual/\$600 family and the 50%	Standard Outpatient deductible of \$150		01/01/2024.
	individual/ \$300 family plus your copays.	POS cost share plus 100% of covered	individual/\$300 family and the copay plus		
		charges in excess of the TRICARE allowed	100% of covered charges in excess of the		
		amount not to exceed the TRICARE Legal	TRICARE allowed amount not to exceed		
		Limit. When TRICARE Select (out-of-	the TRICARE Legal Limit.		
		network) is used - The TRICARE			
		Supplement Plan covers 50% of the			
		Standard Outpatient deductible of \$150			
		individual/\$300 family and the 25% cost			
		share plus 100% of covered charges in			
		excess of the TRICARE allowed amount not			
		to exceed the TRICARE Legal Limit.			
Lab tests and X-ray	When TRICARE Select (participating	When TRICARE Prime Point of Service	When TRICARE Select (non-participating	N/A	Benefits subject to deductibles. Zero
	providers) is used - The TRICARE	(POS) is used - The TRICARE Supplement	providers) is used - The TRICARE		deductible for those residents of the
	Supplement Plan covers 50% of the	Plan covers 25% of the POS deductible of	Supplement Plan covers 50% of the Select		state of New York beginning 01/01/2024.
	TRICARE calendar year deductible of \$150		Outpatient deductible of \$150		
	individual/ \$300 family plus your copays.	POS cost share plus 100% of covered	individual/\$300 family and the copay plus		
		charges in excess of the TRICARE allowed	100% of covered charges in excess of the		
		amount not to exceed the TRICARE Legal	TRICARE allowed amount not to exceed		
		Limit. When TRICARE Select (out-of-	the TRICARE Legal Limit.		
		network) is used - The TRICARE			
		Supplement Plan covers 50% of the			
		Outpatient deductible of \$150			
		individual/\$300 family and the 25% cost share plus 100% of covered charges in			
		excess of the TRICARE allowed amount not			
		to exceed the TRICARE Legal Limit.			
Specialized Imaging	When TRICARE Select (participating	When TRICARE Prime Point of Service	When TRICARE Select (non-participating	N/A	Benefits subject to deductibles. Zero
opeolalized integing	providers) is used - The TRICARE	(POS) is used - The TRICARE Supplement	providers) is used - The TRICARE	14/7	deductible for those residents of the
	Supplement Plan covers 50% of the	Plan covers 25% of the POS deductible of	Supplement Plan covers 50% of the Select		state of New York beginning 01/01/2024.
	TRICARE calendar year deductible of \$150		Outpatient deductible of \$150		State of New York beginning on on 2024.
	individual/ \$300 family plus your copays.	POS cost share plus 100% of covered	individual/\$300 family and the copay plus		
	······································	charges in excess of the TRICARE allowed	100% of covered charges in excess of the		
		amount not to exceed the TRICARE Legal	TRICARE allowed amount not to exceed		
		Limit. When TRICARE Select (out-of-	the TRICARE Legal Limit.		
		network) is used - The TRICARE	5		
		Supplement Plan covers 50% of the			
		Outpatient deductible of \$150			
		individual/\$300 family and the 25% cost			
		share plus 100% of covered charges in			
		excess of the TRICARE allowed amount not			
		to exceed the TRICARE Legal Limit.			
Outpatient Surgery	When TRICARE Select (participating	N/A	When TRICARE Select (non-participating	N/A	Benefits subject to deductibles. Zero
	providers) is used - The TRICARE		providers) is used - The TRICARE		deductible for those residents of the
	Supplement Plan covers 50% of the		Supplement Plan covers 50% of the Select		state of New York beginning 01/01/2024.
	TRICARE calendar year deductible of \$150		Outpatient deductible of \$150		
	individual/ \$300 family plus your copays.		individual/\$300 family and the copay plus		
			100% of covered charges in excess of the		
			TRICARE allowed amount not to exceed		
			the TRICARE Legal Limit.		

Tricare Supplement (Selman & Company) - Military Only*

Department.					
Plan Changes are in Orange	2024 TRICARE Select In-Network	2024 TRICARE Prime POS Network	2024 TRICARE Select Out-of-Network	2024 Out of Area	2024 Comments
Allergy Testing	When TRICARE Select (participating	When TRICARE Prime Point of Service	When TRICARE Select (non-participating	N/A	Benefits subject to deductibles. Zero
	providers) is used - The TRICARE	(POS) is used - The TRICARE Supplement	providers) is used - The TRICARE		deductible for those residents of the
	Supplement Plan covers 50% of the	Plan covers 25% of the POS deductible of	Supplement Plan covers 50% of the Select		state of New York beginning 01/01/2024
	TRICARE calendar year deductible of \$150	\$300 individual/\$600 family and the 50%	Outpatient deductible of \$150		с с с
	individual/ \$300 family plus your copays.	POS cost share plus 100% of covered	individual/\$300 family and the copay plus		
		charges in excess of the TRICARE allowed	100% of covered charges in excess of the		
		amount not to exceed the TRICARE Legal	TRICARE allowed amount not to exceed		
		Limit. When TRICARE Select (out-of-	the TRICARE Legal Limit.		
		network) is used - The TRICARE	5		
		Supplement Plan covers 50% of the			
		Standard Outpatient deductible of \$150			
		individual/\$300 family and the 25% cost			
		share plus 100% of covered charges in			
		excess of the TRICARE allowed amount not			
		to exceed the TRICARE Legal Limit.			
Allergy Injections	When TRICARE Select (participating	When TRICARE Prime Point of Service	When TRICARE Select (non-participating	N/A	Benefits subject to deductibles. Zero
Allergy Injections				N/A	
	providers) is used - The TRICARE	(POS)is used - The TRICARE Supplement	providers) is used - The TRICARE		deductible for those residents of the
	Supplement Plan covers 50% of the	Plan covers 25% of the POS deductible of	Supplement Plan covers 50% of the Select		state of New York beginning 01/01/202
	TRICARE calendar year deductible of \$150	\$300 individual/\$600 family and the 50%	Outpatient deductible of \$150		
	individual/ \$300 family plus your copays.	POS cost share plus 100% of covered	individual/\$300 family and the copay plus		
		charges in excess of the TRICARE allowed	100% of covered charges in excess of the		
		amount not to exceed the TRICARE Legal	TRICARE allowed amount not to exceed		
		Limit. When TRICARE Select (out-of-	the TRICARE Legal Limit.		
		network) is used - The TRICARE			
		Supplement Plan covers 50% of the			
		Standard Outpatient deductible of \$150			
		individual/\$300 family and the 25% cost			
		share plus 100% of covered charges in			
		excess of the TRICARE allowed amount not			
		to exceed the TRICARE Legal Limit.			
Preventive Care					
Well Child Care Office Visit	covered	covered	covered	N/A	Benefits subject to deductibles. Zero
					deductible for those residents of the
					state of New York beginning 01/01/2024
Well Child Age limit	Covered from birth to age 6. School	Covered from birth to age 6. School	Covered from birth to age 6. School	N/A	Benefits subject to deductibles. Zero
	physicals are covered for children ages 5-	physicals are covered for children ages 5-	physicals are covered for children ages 5-	N/A	deductible for those residents of the
	11, if required in connection with school	11, if required in connection with school	11, if required in connection with school		
	enrollment.	enrollment.	enrollment.		state of New York beginning 01/01/202
	enroiment.	enroiment.	enroiment.		
Adult Routine Physical Exams	Health Promotion and Disease Prevention	Health Promotion and Disease Prevention	Health Promotion and Disease Prevention	N/A	Benefits subject to deductibles. Zero
	Examinations are covered. Routine sports	Examinations are covered. Routine sports	Examinations are covered. Routine sports		deductible for those residents of the
	physicals are not covered.	physicals are not covered.	physicals are not covered.		state of New York beginning 01/01/2024
Adult Immunizations	covers age-appropriate doses of vaccines,	covers age-appropriate doses of vaccines,	covers age-appropriate doses of vaccines,	N/A	Benefits subject to deductibles. Zero
	as recommended by the Centers for	as recommended by the Centers for	as recommended by the Centers for		deductible for those residents of the
	Disease Control (CDC) and Prevention.	Disease Control (CDC) and Prevention.	Disease Control (CDC) and Prevention.		state of New York beginning 01/01/2024
Poutino Mommogram	Biocass Control (CDC) and Trevention.		. ,		Benefits subject to deductibles. Zero
Routine Mammogram			001/0777	N/A	Denetits subject to deductibles. Zero
	covered	covered	covered	N/A	
	covered	covered	covered	N/A	deductible for those residents of the
					deductible for those residents of the state of New York beginning 01/01/2024
Pap Smear	covered	covered	covered	N/A N/A	deductible for those residents of the state of New York beginning 01/01/202 Benefits subject to deductibles. Zero
Pap Smear					deductible for those residents of the state of New York beginning 01/01/202
Pap Smear					deductible for those residents of the state of New York beginning 01/01/202 Benefits subject to deductibles. Zero deductible for those residents of the
Pap Smear Prostate Screening (PSA)					deductible for those residents of the state of New York beginning 01/01/202 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/202
	covered	covered	covered	N/A	deductible for those residents of the state of New York beginning 01/01/202 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/202 Benefits subject to deductibles. Zero
	covered	covered	covered	N/A	deductible for those residents of the state of New York beginning 01/01/202 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/202 Benefits subject to deductibles. Zero deductible for those residents of the
Prostate Screening (PSA)	covered	covered	covered	N/A N/A	deductible for those residents of the state of New York beginning 01/01/202 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/202 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/202
Prostate Screening (PSA)	covered	covered	covered	N/A	deductible for those residents of the state of New York beginning 01/01/2022 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/2022 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/2022 Benefits subject to deductibles. Zero
	covered	covered	covered	N/A N/A	deductible for those residents of the state of New York beginning 01/01/2024 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/2024 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/2024 Benefits subject to deductibles. Zero deductible for those residents of the
Prostate Screening (PSA) Colon Cancer Screenings	covered covered covered covered	covered covered covered	covered covered covered	N/A N/A N/A	deductible for those residents of the state of New York beginning 01/01/2024 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/2024 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/2024 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/2024
Prostate Screening (PSA)	covered	covered	covered	N/A N/A	deductible for those residents of the state of New York beginning 01/01/2022 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/2024 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/2024 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/2024 Benefits subject to deductibles. Zero
Prostate Screening (PSA) Colon Cancer Screenings	covered covered covered covered	covered covered covered	covered covered covered	N/A N/A N/A	deductible for those residents of the state of New York beginning 01/01/2024 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/2024 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/2024 Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/2024

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Plan Changes are in Orange	2024 TRICARE Select In-Network	2024 TRICARE Prime POS Network	2024 TRICARE Select Out-of-Network	2024 Out of Area	2024 Comments
Hearing Evaluations	covered if medically necessary and covered by TRICARE.	covered if medically necessary and covered by TRICARE.	covered if medically necessary and covered by TRICARE.	N/A	Benefits subject to deductibles. Zero deductible for those residents of the state of New York beginning 01/01/2024.
Inpatient Hospital					
Deductible per Confinement	N/A	N/A	N/A	N/A	
Deductible per Day	N/A	N/A	N/A	N/A	
Hospital Services	When TRICARE Select (participating providers) is used - The TRICARE Supplement Plan covers 50% of the TRICARE calendar year deductible of \$150 individual/ \$300 family plus your copays.	When TRICARE Prime Point-Of-Service (POS) is used - The TRICARE Supplement Plan covers the 50% POS cost share. When TRICARE Select (non-participating providers) is used - The TRICARE Supplement Plan pays the 25% cost share.	When TRICARE Select (non-participating providers) is used - The TRICARE Supplement Plan pays the copay.	N/A	Benefits subject to plan deductible. Zero deductible for those residents of the state of New York beginning 01/01/2024.
Physicians and Surgeons' Services	When TRICARE Select (participating providers) is used - The TRICARE Supplement Plan covers 50% of the TRICARE calendar year deductible of \$150 individual/ \$300 family plus your copays.	When TRICARE Prime Point-Of-Service (POS) is used - The TRICARE Supplement Plan covers your 50% POS cost share	When TRICARE Select (non-participating providers) is used - The TRICARE Supplement Plan pays the copay.	N/A	Benefits subject to plan deductible. Zero deductible for those residents of the state of New York beginning 01/01/2024.
Emergency Services					
Emergency Room Treatment	When TRICARE Select (participating providers) is used - The TRICARE Supplement Plan covers 50% of the TRICARE calendar year deductible of \$150 individual/ \$300 family plus your copays.	When TRICARE Prime Point of Service (POS)is used - The TRICARE Supplement Plan covers 25% of the POS deductible of \$300 individual/\$600 family and the 50% POS cost share plus 100% of covered charges in excess of the TRICARE allowed amount not to exceed the TRICARE Legal Limit. When TRICARE Select (out-of- network) is used - The TRICARE Supplement Plan covers 50% of the Outpatient deductible of \$150 individual/\$300 family and the 25% cost share plus 100% of covered charges in excess of the TRICARE allowed amount not to exceed the TRICARE Legal Limit.	When TRICARE Select (non-participating providers) is used - The TRICARE Supplement Plan covers 50% of the Select Outpatient deductible of \$150 individual/\$300 family and the copays plus 100% of covered charges in excess of the TRICARE allowed amount not to exceed the TRICARE Legal Limit.	N/A	Benefits subject to plan deductible. Zero deductible for those residents of the state of New York beginning 01/01/2024.
Non-emergency or non-urgent use of ER	When TRICARE Select (participating providers) is used - The TRICARE Supplement Plan covers 50% of the TRICARE calendar year deductible of \$150 individual/ \$300 family plus your copays.	When TRICARE Prime Point of Service (POS)is used - The TRICARE Supplement Plan covers 25% of the POS deductible of \$300 individual/\$600 family and the 50% POS cost share plus 100% of covered charges in excess of the TRICARE allowed amount not to exceed the TRICARE Legal Limit. When TRICARE Select (out-of- network) is used - The TRICARE Supplement Plan covers 50% of the Outpatient deductible of \$150 individual/\$300 family and the 25% cost share plus 100% of covered charges in excess of the TRICARE Legal Limit.	When TRICARE Select (non-participating providers) is used - The TRICARE Supplement Plan covers 50% of the Select Outpatient deductible of \$150 individual/\$300 family and the copays plus 100% of covered charges in excess of the TRICARE allowed amount not to exceed the TRICARE Legal Limit.	N/A	Benefits subject to plan deductible. Zero deductible for those residents of the state of New York beginning 01/01/2024.
Ambulance	When TRICARE Select (participating providers) is used - The TRICARE Supplement Plan covers 50% of the TRICARE calendar year deductible of \$150 individual/ \$300 family plus your copays.	N/A	When TRICARE Select (non-participating providers) is used - The TRICARE Supplement Plan covers 50% of the Select Outpatient deductible of \$150 individual/\$300 family and the copays plus 100% of covered charges in excess of the TRICARE allowed amount not to exceed the TRICARE Legal Limit.	N/A	Benefits subject to plan deductible. Zero deductible for those residents of the state of New York beginning 01/01/2024.

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Plan Changes are in Orange	2024 TRICARE Select In-Network	2024 TRICARE Prime POS Network	2024 TRICARE Select Out-of-Network	2024 Out of Area	2024 Comments
Urgent Care Facility Services	When TRICARE Select In-Network	When TRICARE Prime Point of Service	When TRICARE Select (non-participating	N/A	Benefits subject to plan deductible. Zero
orgent Gale Facility Gervices	providers) is used - The TRICARE	(POS) is used - The TRICARE Supplement	providers) is used - The TRICARE	N/A	deductible for those residents of the
	Supplement Plan covers 50% of the	Plan covers 25% of the POS deductible of	Supplement Plan covers 50% of the Select		state of New York beginning 01/01/2024.
	TRICARE calendar year deductible of \$150	\$300 individual/\$600 family and the 50%	Outpatient deductible of \$150		State of New Tork beginning 01/01/2024.
	individual/ \$300 family plus your copays.	POS cost share plus 100% of covered	individual/\$300 family and the copays plus		
	inarriada, ecco farmi plac your copayo.	charges in excess of the TRICARE allowed	100% of covered charges in excess of the		
		amount not to exceed the TRICARE Legal	TRICARE allowed amount not to exceed		
		Limit. When TRICARE Select (out-of-	the TRICARE Legal Limit.		
		network) is used - The TRICARE	ů,		
		Supplement Plan covers 50% of the			
		Outpatient deductible of \$150			
		individual/\$300 family and the 25% cost			
		share plus 100% of covered charges in			
		excess of the TRICARE allowed amount not			
		to exceed the TRICARE Legal Limit.			
Physician Office Visit	When TRICARE Select (participating	When TRICARE Prime Point of Service	When TRICARE Select (non-participating	N/A	Benefits subject to plan deductible. Zero
	providers) is used - The TRICARE	(POS) is used - The TRICARE Supplement	providers) is used - The TRICARE		deductible for those residents of the
	Supplement Plan covers 50% of the	Plan covers 25% of the POS deductible of	Supplement Plan covers 50% of the Select		state of New York beginning 01/01/2024.
	TRICARE calendar year deductible of \$150	\$300 individual/\$600 family and the 50%	Outpatient deductible of \$150		
	individual/ \$300 family plus your copays.	POS cost share plus 100% of covered	individual/\$300 family and the copays plus		
		charges in excess of the TRICARE allowed	100% of covered charges in excess of the		
		amount not to exceed the TRICARE Legal	TRICARE allowed amount not to exceed		
		Limit. When TRICARE Select (out-of-	the TRICARE Legal Limit.		
		network) is used - The TRICARE			
		Supplement Plan covers 50% of the			
		Outpatient deductible of \$150 individual/\$300 family and the 25% cost			
		share plus 100% of covered charges in			
		excess of the TRICARE allowed amount not			
		to exceed the TRICARE Legal Limit.			
After Hours	When TRICARE Select (participating	N/A	When TRICARE Select (non-participating	N/A	Benefits subject to plan deductible. Zero
	providers) is used - The TRICARE		providers) is used - The TRICARE		deductible for those residents of the
	Supplement Plan covers 50% of the		Supplement Plan covers 50% of the Select		state of New York beginning 01/01/2024.
	TRICARE calendar year deductible of \$150		Outpatient deductible of \$150		
	individual/ \$300 family plus your copays.		individual/\$300 family and the copays plus		
			100% of covered charges in excess of the		
			TRICARE allowed amount not to exceed		
			the TRICARE Legal Limit.		
Maternity Care					
Physician Office Visit	When TRICARE Select (participating	When TRICARE Prime Point of Service	When TRICARE Select (non-participating	N/A	Benefits subject to plan deductible. Zero
	providers) is used - The TRICARE	(POS) is used - The TRICARE Supplement	providers) is used - The TRICARE		deductible for those residents of the
	Supplement Plan covers 50% of the	Plan covers 25% of the POS deductible of	Supplement Plan covers 50% of the Select		state of New York beginning 01/01/2024.
	TRICARE calendar year deductible of \$150	\$300 individual/\$600 family and the 50%	Outpatient deductible of \$150		
	individual/ \$300 family plus your copays.	POS cost share plus 100% of covered	individual/\$300 family and the copays plus		
		charges in excess of the TRICARE allowed	100% of covered charges in excess of the TRICARE allowed amount not to exceed		
		amount not to exceed the TRICARE Legal Limit. When TRICARE Select (out-of-	the TRICARE allowed amount not to exceed the TRICARE Legal Limit.		
		network) is used - The TRICARE	THE TRICARE LEGALLITTIL.		
		Supplement Plan covers 50% of the			
		Outpatient deductible of \$150			
		individual/\$300 family and the 25% cost			
		share plus 100% of covered charges in			
		excess of the TRICARE allowed amount not			

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Plan Changes are in Orange	2024 TRICARE Select In-Network	2024 TRICARE Prime POS Network	2024 TRICARE Select Out-of-Network	2024 Out of Area	2024 Comments
Maternity Care - Inpatient Delivery	When TRICARE Select (participating	When TRICARE Prime Point of Service	When TRICARE Select (non-participating	N/A	Benefits subject to plan deductible. Zero
	providers) is used - The TRICARE	(POS)is used - The TRICARE Supplement	providers) is used - The TRICARE		deductible for those residents of the
	Supplement Plan covers 50% of the	Plan covers 25% of the POS deductible of	Supplement Plan covers 50% of the Select		state of New York beginning 01/01/2024
	TRICARE calendar year deductible of \$150	\$300 individual/\$600 family and the 50%	Outpatient deductible of \$150		
	individual/ \$300 family plus your copays.	POS cost share plus 100% of covered	individual/\$300 family and the copays plus		
		charges in excess of the TRICARE allowed	100% of covered charges in excess of the		
		amount not to exceed the TRICARE Legal	TRICARE allowed amount not to exceed		
		Limit. When TRICARE Select (out-of-	the TRICARE Legal Limit.		
		network) is used - The TRICARE			
		Supplement Plan covers 50% of the			
		Outpatient deductible of \$150			
		individual/\$300 family and the 25% cost			
		share plus 100% of covered charges in excess of the TRICARE allowed amount not			
		to exceed the TRICARE allowed allount not			
Midwife delivery services	When TRICARE Select (participating	When TRICARE Prime Point of Service	When TRICARE Select (non-participating	N/A	Benefits subject to plan deductible. Zero
widwife delivery services	providers) is used - The TRICARE	(POS) is used - The TRICARE Supplement	providers) is used - The TRICARE	N/A	deductible for those residents of the
	Supplement Plan covers 50% of the	Plan covers 25% of the POS deductible of	Supplement Plan covers 50% of the Select		
	TRICARE calendar year deductible of \$150	\$300 individual/\$600 family and the 50%	Outpatient deductible of \$150		state of New York beginning 01/01/2024
	individual/ \$300 family plus your copays.	POS cost share plus 100% of covered	individual/\$300 family and the copays plus		
	numuuai/ \$500 iamiiy pius your copays.	charges in excess of the TRICARE allowed	100% of covered charges in excess of the		
		amount not to exceed the TRICARE Legal	TRICARE allowed amount not to exceed		
		Limit. When TRICARE Select (out-of-	the TRICARE Legal Limit.		
		network) is used - The TRICARE	the movine Legal Linit.		
		Supplement Plan covers 50% of the			
		Outpatient deductible of \$150			
		individual/\$300 family and the 25% cost			
		share plus 100% of covered charges in			
		excess of the TRICARE allowed amount not			
		to exceed the TRICARE Legal Limit.			
Mental Health					
Deductible per Confinement	N/A	N/A	N/A	N/A	
Deductible per Day	N/A	N/A	N/A	N/A	
Mental Health Inpatient	The TRICARE Supplement Plan is limited to	The TRICARE Supplement Plan is limited to	The TRICARE Supplement Plan is limited to	N/A	Benefits subject to plan deductible. Zero
······	30 days for adults age 19 or older, or 45	30 days for adults age 19 or older, or 45	30 days for adults age 19 or older, or 45		deductible for those residents of the
	days for children under age 19 per fiscal	days for children under age 19 per fiscal	days for children under age 19 per fiscal		state of New York beginning 01/01/2024.
		year. If TRICARE approves benefits beyond			
	these daily limits, supplemental coverage is				
	limited to the lesser of the number of day	limited to the lesser of the number of day	limited to the lesser of the number of day		
Mental Health-Inpatient Plan Maximums	see above	see above	see above	N/A	
Mental Health Outpatient	The TRICARE Supplement Plan pays up to	The TRICARE Supplement Plan pays up to	The TRICARE Supplement Plan pays up to	N/A	Benefits subject to plan deductible. Zero
	\$500 per person per fiscal year after	\$500 per person per fiscal year after	\$500 per person per fiscal year after		deductible for those residents of the
	TRICARE pays.	TRICARE pays.	TRICARE pays.		state of New York beginning 01/01/2024.
Mental Health - Group Therapy	included in Mental Health Outpatient	included in Mental Health Outpatient	included in Mental Health Outpatient	N/A	
Mental Health-Outpatient Plan Maximums	see above	see above	see above	N/A	
Severe Mental Illness	see above	see above	see above	N/A	
Substance Abuse					
Deductible per Confinement	N/A	N/A	N/A	N/A	
Deductible per Day	N/A	N/A	N/A	N/A	
Detoxification	included in Mental Health Inpatient	included in Mental Health Inpatient	included in Mental Health Inpatient	N/A	
Substance Abuse - Inpatient Treatment	included in Mental Health Inpatient	included in Mental Health Inpatient	included in Mental Health Inpatient	N/A N/A	
Substance Abuse-Inpatient Plan Maximums		see mental health	see mental health	N/A N/A	
Substance Abuse-Outpatient	included in Mental Health Outpatient	included in Mental Health Outpatient	included in Mental Health Outpatient	N/A N/A	
Substance Abuse-Outpatient Substance Abuse - Group Therapy				N/A N/A	
	included in Mental Health Outpatient	included in Mental Health Outpatient	included in Mental Health Outpatient		
Substance Abuse-Outpatient Plan	see mental health	see mental health	see mental health	N/A	
Maximums					
Rehabilitation Therapy					

Tricare Supplement (Selman & Company) - Military Only*

Plan Changes are in Orange	2024 TRICARE Select In-Network	2024 TRICARE Prime POS Network	2024 TRICARE Select Out-of-Network	2024 Out of Area	2024 Comments
Inpatient Rehabilitation	When TRICARE Select (participating	When TRICARE Prime Point of Service	The TRICARE Supplement Plan covers	N/A	Benefits subject to plan deductible. Zero
	providers) is used - The TRICARE	(POS) is used - The TRICARE Supplement	50% of the Select Outpatient deductible of		deductible for those residents of the
	Supplement Plan covers 50% of the	Plan covers 25% of the POS deductible of	\$150 individual/\$300 family and the copays		state of New York beginning 01/01/2024
	TRICARE calendar year deductible of \$150		plus 100% of covered charges in excess of		
	individual/ \$300 family plus your copays.	POS cost share plus 100% of covered	the TRICARE allowed amount not to		
		charges in excess of the TRICARE allowed	exceed the TRICARE Legal Limit.		
		amount not to exceed the TRICARE Legal			
		Limit. When TRICARE Select (out-of- network) is used - The TRICARE			
		Supplement Plan covers 50% of the			
		Outpatient deductible of \$150			
		individual/\$300 family and the 25% cost			
		share plus 100% of covered charges in			
		excess of the TRICARE allowed amount not			
		to exceed the TRICARE Legal Limit.			
Outpatient Physical, Occupational, and	When TRICARE Select (participating	When TRICARE Prime Point of Service	When TRICARE Select (non-participating	N/A	Benefits subject to plan deductible. Zero
Speech Therapy	providers) is used - The TRICARE	(POS) is used - The TRICARE Supplement	providers) is used - The TRICARE	N/A	deductible for those residents of the
opeeen merapy	Supplement Plan covers 50% of the	Plan covers 25% of the POS deductible of	Supplement Plan covers 50% of the Select		state of New York beginning 01/01/2024.
	TRICARE calendar year deductible of \$150	\$300 individual/\$600 family and the 50%	Outpatient deductible of \$150		state of New Tork beginning 01/01/2024.
	individual/ \$300 family plus your copays.	POS cost share plus 100% of covered	individual/\$300 family and the copay plus		
	individuali \$500 farmiy plus your copays.	charges in excess of the TRICARE allowed	100% of covered charges in excess of the		
		amount not to exceed the TRICARE Legal	TRICARE allowed amount not to exceed		
		Limit. When TRICARE Select (out-of-	the TRICARE Legal Limit.		
		network) is used - The TRICARE	ano maona de Eogar Ennia		
		Supplement Plan covers 50% of the			
		Outpatient deductible of \$150			
		individual/\$300 family and the 25% cost			
		share plus 100% of covered charges in			
		excess of the TRICARE allowed amount not			
		to exceed the TRICARE Legal Limit.			
Alternative Care					
Chiropractic Care	Not covered	N/A	Not covered	N/A	
Acupuncture	Not covered	N/A	Not covered	N/A	
Acupressure	Not covered	N/A	Not covered	N/A	
Massage Therapy	Not covered	N/A	Not covered	N/A	
Other Services					
Private-Duty Nursing Care	some coverage available	some coverage available	some coverage available	N/A	If covered by TRICARE
Durable Medical Equipment	When TRICARE Select (participating	When TRICARE Prime Point of Service	When TRICARE Select (non-participating	N/A	Benefits subject to plan deductible. Zero
	providers) is used - The TRICARE	(POS)is used - The TRICARE Supplement	providers) is used - The TRICARE		deductible for those residents of the
	Supplement Plan covers 50% of the	Plan covers 25% of the POS deductible of	Supplement Plan covers 50% of the Select		state of New York beginning 01/01/2024.
	TRICARE calendar year deductible of \$150	\$300 individual/\$600 family and the 50%	Outpatient deductible of \$150		Ŭ Ŭ
	individual/ \$300 family plus your copays.	POS cost share plus 100% of covered	individual/\$300 family and the copay plus		
		charges in excess of the TRICARE allowed	100% of covered charges in excess of the		
		amount not to exceed the TRICARE Legal	TRICARE allowed amount not to exceed		
		Limit. When TRICARE Select (out-of-	the TRICARE Legal Limit.		
		network) is used - The TRICARE			
		Supplement Plan covers 50% of the			
		Outpatient deductible of \$150			
		individual/\$300 family and the 25% cost			
		share plus 100% of covered charges in			
		excess of the TRICARE allowed amount not			
		to exceed the TRICARE Legal Limit.			

Tricare Supplement (Selman & Company) - Military Only*

Department.					
Plan Changes are in Orange	2024 TRICARE Select In-Network	2024 TRICARE Prime POS Network	2024 TRICARE Select Out-of-Network	2024 Out of Area	2024 Comments
Prosthetic and Orthotic Appliances	When TRICARE Select (participating	When TRICARE Prime Point of Service	When TRICARE Select (non-participating	N/A	Benefits subject to plan deductible. Zer
	providers) is used - The TRICARE	(POS) is used - The TRICARE Supplement	providers) is used - The TRICARE		deductible for those residents of the
	Supplement Plan covers 50% of the	Plan covers 25% of the POS deductible of	Supplement Plan covers 50% of the Select		state of New York beginning 01/01/2024
	TRICARE calendar year deductible of \$150	\$300 individual/\$600 family and the 50%	Outpatient deductible of \$150		
	individual/ \$300 family plus your copays.	POS cost share plus 100% of covered	individual/\$300 family and the copay plus		
		charges in excess of the TRICARE allowed	100% of covered charges in excess of the		
		amount not to exceed the TRICARE Legal	TRICARE allowed amount not to exceed		
		Limit. When TRICARE Select (out-of-	the TRICARE Legal Limit.		
		network) is used - The TRICARE			
		Supplement Plan covers 50% of the			
		Outpatient deductible of \$150			
		individual/\$300 family and the 25% cost			
		share plus 100% of covered charges in			
		excess of the TRICARE allowed amount not			
Creation Constitut	Net several	to exceed the TRICARE Legal Limit.	Not servered	N/A	
Smoking Cessation	Not covered	Not covered	Not covered	N/A N/A	If covered by TRICARE
Weight control program Bariatric surgery	some coverage available some coverage available	some coverage available some coverage available	some coverage available some coverage available	N/A N/A	If covered by TRICARE
TMJ	covered	covered	covered	N/A N/A	If covered by TRICARE
Podiatry Services				covered	If covered by TRICARE
Home Health Care	covered covered	covered	covered covered	N/A	If covered by TRICARE
Skilled Nursing Facility Care	covered	covered	covered	N/A N/A	If covered by TRICARE
Hospice Care	covered	covered	covered	N/A N/A	If covered by TRICARE
Hearing Aids	Not covered	Not covered	Not covered	N/A N/A	II COVEIED BY TRICARE
Family Planning	Not covered	Not covered	Not covered	IN/A	
Tubal ligation	covered	covered	covered	N/A	If covered by TRICARE
Vasectomy	covered	covered	covered	N/A	If covered by TRICARE
Contraceptive Drugs	covered	covered	covered	N/A	If covered by TRICARE
Contraceptive Devices	covered	covered	covered	N/A N/A	If covered by TRICARE
Infertility Testing	some coverage available	some coverage available	some coverage available		If covered by TRICARE
Infertility Treatments - Office Visit	some coverage available	some coverage available	some coverage available	N/A	If covered by TRICARE
Infertility Treatments - Surgery In Vitro Fertilization	some coverage available Not covered	some coverage available Not covered	some coverage available Not covered	N/A N/A	If covered by TRICARE
Infertility Treatments - Lifetime Maximum	None	None	Not covered	N/A N/A	
Vision Care	None	None	None	IN/A	
Eye Examination	some coverage available. Routine eye	some coverage available. Routine eye	some coverage available. Routine eye	N/A	
	exams are not covered for TRICARE	exams are not covered for TRICARE	exams are not covered for TRICARE		
1	Standard benefiticares over age 6.	Standard benefiticares over age 6.	Standard benefiticares over age 6.	N1/A	
Lenses	some coverage available	some coverage available	some coverage available	N/A	
Frames	some coverage available	some coverage available	some coverage available	N/A	
Contact lenses- necessary	some coverage available	some coverage available	some coverage available	N/A	
Contact lenses-elective	some coverage available	some coverage available	some coverage available	N/A	4
Lasik Eye Surgery	Not covered except to relieve astigmatism	Not covered except to relieve astigmatism	Not covered except to relieve astigmatism	N/A	
	following a corneal transplant	following a corneal transplant	following a corneal transplant		
Organ and Tissue Transplants					
Organ Transplant -Inpatient	some coverage available	some coverage available	some coverage available	N/A	If covered by TRICARE
Organs covered	some coverage available	some coverage available	some coverage available	N/A	If covered by TRICARE
Transplant Travel	some coverage available	some coverage available	some coverage available	N/A	If covered by TRICARE
Transplant donor expenses	some coverage available	some coverage available	some coverage available	N/A	If covered by TRICARE
Lifetime Maximum	None	None	None	N/A	
Prescription Drug Coverage					
Annual Prescription Deductible - Family	N/A	N/A	N/A	N/A	
Annual Prescription Deductible - Individual	N/A	N/A	N/A	N/A	
Out-of-Pocket Maximums - Individual	N/A	N/A	N/A	N/A	
Out-of-Pocket Maximums - Family	N/A	N/A	N/A	N/A	
Annual Maximum Benefit	N/A	N/A	N/A	N/A	
Lifetime Maximum Benefit	N/A	N/A	N/A	N/A	

Tricare Supplement (Selman & Company) - Military Only*

Department.					
Plan Changes are in Orange	2024 TRICARE Select In-Network	2024 TRICARE Prime POS Network	2024 TRICARE Select Out-of-Network	2024 Out of Area	2024 Comments
Generic Substitution	TRICARE requires substitution of generic	TRICARE requires substitution of generic	TRICARE requires substitution of generic	N/A	
	drugs for brand-name when a generic	drugs for brand-name when a generic	drugs for brand-name when a generic		
	equivalent is available. If you choose to	equivalent is available. If you choose to	equivalent is available. If you choose to		
	purchase a brand-name drug that has a	purchase a brand-name drug that has a	purchase a brand-name drug that has a		
	generic equivalent, you must pay the full	generic equivalent, you must pay the full	generic equivalent, you must pay the full		
	cost, with no TRICARE reimbursement. If	cost, with no TRICARE reimbursement. If	cost, with no TRICARE reimbursement. If		
	medical necessity	medical necessity	medical necessity		
Retail Refill Penalty	None	None	None	None	
Prescription Drug Retail					
Retail - Generic (Up to a 30-day supply)	The TRICARE Supplement covers the	Civilian non-network pharmacy - POS - The	TRICARE Select - The supplement plan	N/A	
()))))))))))))))))))	TRICARE copays after deductibles are met.	supplement covers 25% of the POS	covers copays plus 50% of the Standard		
		deductible and the 50% cost share plus	deductible		
		100% of charges in excess of the TRICARE			
		Legal Limit. TRICARE Select - The			
		supplement plan covers copay or 25% of			
		the cost whichever is greater plus 50% of			
		the Select deductible.			
Retail - Brand Formulary (Up to a 30-day	The TRICARE Supplement covers the	Civilian non-network pharmacy - POS - The	TRICARE Select - The supplement plan	N/A	1
supply)	TRICARE copays after deductibles are met.	supplement covers 25% of the POS	covers copays plus 50% of the Select		
		deductible and the 50% cost share plus	deductible.		
		100% of charges in excess of the TRICARE			
		Legal Limit. TRICARE Select - The			
		supplement plan covers copay or 25% of			
		the cost whichever is greater plus 50% of			
		the Select deductible.			
Retail - Brand Non-Formulary (Up to a 30-	The TRICARE Supplement covers the	Civilian non-network pharmacy - POS - The	TRICARE Select - The supplement plan	N/A	
day supply)	TRICARE copays after deductibles are met.	supplement covers 25% of the POS	covers copays plus 50% of the Select	11/7	
day supply)	ThioArt copays and deductibles are met.	deductible and the 50% cost share plus	deductible		
		100% of charges in excess of the TRICARE	deddelible		
		Legal Limit. TRICARE Select - The			
		supplement plan covers copay or 25% of			
		the cost whichever is greater plus 50% of			
		the Select deductible.			
Single Source Brand	N/A	N/A	N/A	N/A	
Multi Source Brand	N/A	N/A	N/A	N/A	
Injectable Medications	Covered	Covered	Covered	N/A	If covered by TRICARE
Prescription Drug Mail Order					
Mail-Order - Generic (Up to a 90-day	No copay	N/A	Not applicable	N/A	
Mail-Order - Brand Formulary (Up to a 90-	The TRICARE Supplement covers the	N/A	Not applicable	N/A	
day supply)	TRICARE copays after deductibles are met.		11		
Mail-Order - Brand Non-Formulary (Up to a	The TRICARE Supplement covers the	N/A	Not applicable	N/A	
90-day supply)	TRICARE copays after deductibles are met.				
Single Source Brand	N/A	N/A	N/A	N/A	
Multi Source Brand	N/A	N/A	N/A	N/A	
Injectable Medications	Covered	Covered	Covered	N/A	
Day Supply	N/A	N/A	N/A	N/A	
Other Services - Prescription Drugs					
Over the Counter	not covered	not covered	not covered	N/A	
Prenatal Vitamins	some coverage available	some coverage available	some coverage available	N/A	If covered by TRICARE
Diabetic Supplies	Covered	Covered	Covered	N/A	If covered by TRICARE
Lifestyle Drugs	some coverage available	some coverage available	some coverage available	N/A	If covered by TRICARE
Contraceptives - Injectable	Covered	Covered	Covered	N/A	If covered by TRICARE
Fertility Drugs	Need to check with TRICARE	Need to check with TRICARE	Need to check with TRICARE	N/A	If covered by TRICARE
Smoking Cessation	Not covered	Not covered	Not covered	N/A	
Cosmetic Medications	Not covered	Not covered	Not covered	N/A	
Nutritional Supplements	some coverage available	some coverage available	some coverage available	N/A	If covered by TRICARE